

FENG SHUI



IN MOTION

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Year of the Goat 2015

## ANNUAL FLYING STARS

### Flying Stars: What are they in the Year of the Goat?

Also known as Xuan Kong, the Flying Stars School of Feng Shui is a traditional form of Feng Shui and is based on four main areas; The Five Elements, the Dynamics of the Lo Shu Square, the Principle of Yin/Yang and the Energies of Eight Areas, Directions and Trigrams.

The Flying Star Chart in Classical Feng Shui brings order and explains the logical interconnection of the universal Qi (chee) energy. It shows us how Qi moves in a space and in the environment around it, including our internal spaces.

This energy, aka 'Star', is constantly in motion – every year, month, day and hour this changes. Knowing how the energy interconnects is helpful in making some predictions and knowing what to expect.

The Flying Stars are believed to be incredibly powerful energies in Classical Feng Shui. The yearly Stars, stay in one sector for the whole year and then move to another one, the following year. There are Stars that bring both favorable and unfavorable circumstances. Sectors are made up of energies that are considered to be both good and bad.

Right now we are in period 8. The element most dominant is Earth. Timely stars are 1, 8 and 9. Untimely stars are 2, 4, 5 and 7. The 3 and 6 are considered safe and usable. Although many practitioners will place cures in the location of the 3 and 6 just to be safe. Prior to moving any cures please wash them thoroughly with soap and water.

Do not move cures until February 4<sup>th</sup>!

Pay close attention to the 2 Star in the Southeast which represents illness; 7 in the South which represents robbery and losses; 5 in the West which represents death/disaster (and should be cured yearly) and 3 in the center. Some combinations of stars can be particularly problematic – ask if you have questions!

Traditional remedies include using 3 stalks of bamboo in a clear vase or a Blue crystal for the 7 Star, 6 Metal coins on a red string for the 2, Red paper or Red crystal in the center of the house for the 3 and/or 4 Star and 6 Metal rod wind chime in the West for the 5 Star.

### Flying Star Chart For 2015

SE	S	SW	
2	7	9	
E	3	5	W
6	8	4	
NE	N	NW	

Updating the Feng Shui yearly is the best way to get benefits from good energy and to protect yourself from the malicious stars & combination of stars for the year.

**Schedule your annual update!**

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## Things to Keep in Mind

In Chinese metaphysics, the Goat is considered the strongest Earth element as it is the month of July & supported by summer Fire energy.

This very powerful Earth energy can bring disasters related to earthquakes, landslides, avalanches, collapse of buildings, road accidents, etc. Since the 5 star is in the West, it is reasonable to expect more activity in the West; such as California and China.

Previous Wood Goat years were not all peaceful. There were earthquakes in the country of Slovenia and the states of IL & MO in 1895. In 1955, there were serious earthquakes in the countries of Egypt, Russia & China and the states of CA, IL, MO, AR, TN, KY and TX.

The more dangerous months are the Earth months of July (Goat), October (Dog) and January 2016 (Ox).

## Feng Shui In Motion: TIPS

- Visit the Feng Shui In Motion website recently? It has a whole new look! [www.fsinmotion.com](http://www.fsinmotion.com)
- Schedule your annual update as soon as possible because available times are filling up quickly already.
- A great way to minimize any impending conflict each year is to give blood in the Tiger month (February 2015)!
- Breathe – This coming year will feel gentler, calmer and less frenetic than this past Year of the Horse 午.
- Pass this on! Please share this newsletter with others and **Keep the Good Energy Flowing!**

## SPOTLIGHT: The Grand Duke

The Tai Sui or Grand Duke Jupiter is located in the Southwest in 2015.

We do not advise any digging/gardening or doing any substantial construction work in this direction.

The Northeast is the 'crash' position. Therefore, it is not good to sit with your back to the Northeast or West due to the 5 Star. This year it is a good idea to keep a Pi-You in your car, especially for people with an OX in their chart...and anyone traveling in the Southwest direction.

## Water Nourishes Wood

In Traditional Chinese Medicine (TCM), the Water Element is closely associated with the kidneys in the body. TCM says that when the balance of *kidney yin and yang* is disrupted, pathological changes take place and illness occurs.

Water is also related to the emotion of Fear, the color Black, the direction of North, the Feng Shui Number 1, the planet Mercury, etc.

Be sure to eat lots of fresh fruits and vegetables, drink plenty of water (especially those of us who live in the desert) and boost the immune system. Use anti-oxidants and omega-3 oils to protect our cells and nourish the water aspect in the body.

It is important to take good care of your kidneys this year! Remember your 4-legged friends, too!!

## Thank You Teachers!

Love and Gratitude goes to all the supportive teachers and guides!

Grand Master Raymond Lo, Lisa Montgomery, Jen Nicomedes, Kim Bulloch, Dr. John Beaulieu, Alex Ruiz-Vasquez, Indy, and John Sandifer (RIP).